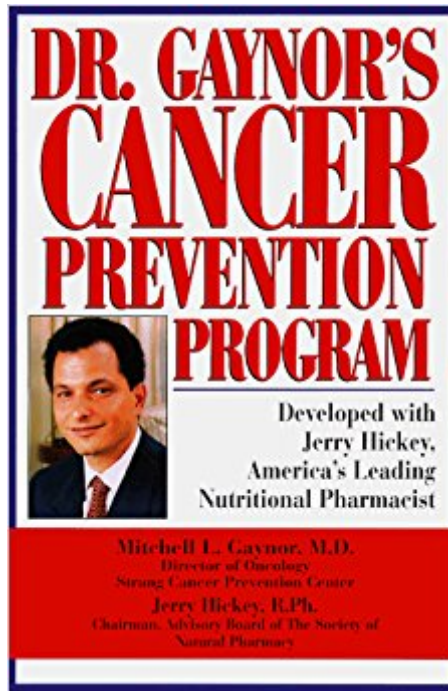




The book was found

Dr. Gaynor's Cancer Prevention Program



Synopsis

This breakthrough cancer prevention program from a nationally renowned oncologist and a nutritional pharmacist features detailed information on the most powerful anti-cancer foods and supplements.

Book Information

Hardcover: 316 pages

Publisher: Kensington; 1 edition (January 1, 1999)

Language: English

ISBN-10: 1575663821

ISBN-13: 978-1575663821

Product Dimensions: 9.3 x 6.4 x 1.3 inches

Shipping Weight: 1.1 pounds

Average Customer Review: 4.9 out of 5 stars [See all reviews](#) (7 customer reviews)

Best Sellers Rank: #972,394 in Books (See Top 100 in Books) #72 in [Books > Health, Fitness & Dieting > Nutrition > Cancer Prevention](#) #1516 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer](#) #36105 in [Books > Parenting & Relationships](#)

Customer Reviews

Dr. Mitchell Gaynor's Cancer Prevention Program offers many promises in this January title from Kensington Books. Some of them are indeed justified and backed by recent scientific research. Other such promises in the book border on the unfounded, while others are what would on a careful reading seem to be recycled but updated information - albeit information that is important to know, and in many cases necessary to act upon. Perhaps that is the value of the recent release of a book whose packaging and theme so closely resemble Dr. Oliver Alabaster's "What You Can Do To Prevent Cancer," 1985; Simon and Schuster. Both authors are physicians and leading research oncologists. Dr. Gaynor at the Strang Cancer Prevention Center and Dr. Alabaster at The George Washington University. The book is well written, easy to read and at times gives the reader more than an adequate dose of optimism in what the media often portray as a never-ending battle against this country's most feared killer. Specifically, the book seems to give the impression that one can easily "detoxify" the body by choosing a variety of enzymes and other chemicals to aid the liver in its work. Would that the job be so easy! It is an interesting idea, and one loosely based on some body of medical research, but as a concept it might be a bit more optimistic than practical. The research that the "detoxification" approach is based on is generally valid and promising. In a sidebar in one

chapter Dr. Gaynor lists supplements which are certainly of value and would at worst do no physical harm. These include the antioxidant glutathione, whey protein (which contains glutathione, but is seemingly only documented in one Canadian study), broccoli, green tea and selenium. Dr.

[Download to continue reading...](#)

Cancer: Cancer Prevention: Killing Cancer By Preventing It. Instantly Prevent Cancer (Cancer, Cancer Prevention, Cancer Cure, Coping With Cancer, Cancer Books, Breast ... Cancer, Leukemia, Colon Cancer, Skin Cancer) Cancer: Cancer Cure: Natural Cancer Cures And Chemo Alternatives (Cancer, Cancer Cure, Cancer Diet, Coping With Cancer, Cancer Books, Breast Cancer, Lung Cancer, Cancer Prevention, Colon Cancer) Cancer: Coping With Cancer: Controlling and Understanding Emotions of Cancer (Cancer, Cancer Books, Breast Cancer, Colon Cancer, Lung Cancer, Cancer Diet, Preventing Cancer, Cancer Prevention, Cancer Cure) Cancer: Coping With Cancer: How To Cope When A Loved One Has Cancer Without Any Grieving (Cancer, Coping With Cancer, Cancer Books, Breast Cancer, Colon Cancer, Lung ... Cure, Prostate Cancer, Cancer Prevention) Outsmart Cancer: The Proven Cure For Beating Cancer With Healthy Nutrition And Vitamin B17 (Cancer, Cancer Cure, Cancer Diet, Coping With Cancer, Cancer Books, Breast Cancer, Lung Cancer, Cancer Prevention) Breast Cancer Prevention and Recovery: The Ultimate Guide to Healing, Recovery and Growth: prostate cancer, bone cancer, brain cancer, breast cancer, colorectal, ... cancer killers, cancer is not a disease,) Dr. Gaynor's Cancer Prevention Program Anti-Cancer Diet: An Ultimate Guide to Reverse and Prevent Cancer Naturally! (anti-cancer diet, anti-cancer cookbook, anti-cancer diet recipes, reverse cancer, prevent cancer) The Breast Cancer Patient's Survival Guide: Amazing Medical Strategies for Winning: A Natural Guide to Treatment of Cancer, Breast Cancer, Cancer and Nutrition, Beating Cancer and Fighting Cancer Cancer Prevention Diet: The Revolutionary Cancer Prevention Diet to Live Healthy and Cancer Free Colon Cancer - A Cancer Prevention and Cancer Cure Guide to Understanding the Facts of Colon Cancer for Treatment, Diet, and Nutrition Program 120 Female Handbook A: Guide to Prevent Heart Attack, Stroke, Cancer, Ovarian Cancer, Lung Cancer, Diabetes, Dementia, Colon Cancer, Pneumonia, ... Medicine Patient Handbooks for Females) Program 120 Male Handbook A: Guide to Prevent Heart Attack, Stroke, Cancer, Prostate Cancer, Colon Cancer, Lung Cancer, Diabetes, Osteoporosis, Dementia, ... Medicine Patient Handbook for Males) Colon Cancer: The Everything Guide to Colon Cancer Diet and Colon Cancer Prevention Cancer Fighting Kitchen: Essential Cancer Fighting Foods to Heal Cancer and Cancer Fighting Recipes Brain Cancer Treatment - How to Beat Brain Cancer And Get Your Life Back (Brain Cancer, Tumor, Brain Cancer Treatment, Natural Treatment) The Cancer Prevention Diet, Revised and Updated Edition: The Macrobiotic Approach to Preventing

and Relieving Cancer Eating Well Through Cancer: Easy Recipes & Tips to Guide you Through
Treatment and Cancer Prevention When Cancer Hits Home: Cancer Treatment and Prevention
Options for Breast, Colon, Lung, Prostate, and Other Common Types Prostate Cancer Prevention
Diet Book: What to Eat to Prevent and Heal Prostate Cancer

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)